



# NEWS

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## **FOR IMMEDIATE RELEASE: September 16, 2019**

### **9th Annual MY Fest Pennsylvania Event in Montgomery County to Raise Awareness of Mental Health and Other Challenges Facing Young People**

**Norristown, PA (September 16, 2019)** – The Montgomery County Department of Health and Human Services Office of Managed Care Solutions announced today their partnership with Magellan Behavioral Health of Pennsylvania, Inc. (Magellan) to bring the 9th annual MY Fest Pennsylvania to White’s Road Park (400 Whites Road, Lansdale, PA) on Saturday, September 21st from noon-4 p.m.

This free event is open to all ages and will include more than 30 exhibitors. Magellan administers behavioral health benefits for Medicaid members through HealthChoices’ contracts with Bucks, Cambria, Delaware, Lehigh, Montgomery, and Northampton counties.

MY Fest is an empowering event for youth and families that provides opportunities for engagement with other young people and community leaders in a positive environment. The event is hosted by MY LIFE (Magellan Youth Leaders Inspiring Future Empowerment) and aims to create awareness about mental health, substance use disorder, foster care, juvenile justice, and other issues affecting Pennsylvania’s young people.

This fun afternoon will include live music, dance performances, arts and crafts, face painting, and games. In addition, there will be free food, prizes, and educational resources for youth and families. For more information, contact Tara Karbiner at [takarbiner@magellanhealth.com](mailto:takarbiner@magellanhealth.com).

“We are excited that this annual event returns to Montgomery County and we are looking forward to showcasing the impressive talents of our performers while connecting local residents with important resources,” said Tara Karbiner, MY Fest Event Leader and Director of Child and Family Resiliency for Magellan Behavioral Health of Pennsylvania. “We greatly appreciate the community support from our exhibitors and sponsors for this event, and we look forward to welcoming a large crowd to a festive and fun atmosphere on September 21st that is uplifting and judgment free.”

“I am grateful that MY FEST is returning to Montgomery County with the event held in Lansdale. I encourage everyone to attend this fun day that includes activities, performances and great food as we provide helpful educational resources and opportunities for our young people,” said LeeAnn Moyer, Administrator, Office of Managed Care Solutions, Montgomery County Department of Health and Human Services.

MY LIFE includes groups in Bucks, Cambria, Delaware, Montgomery, and Lehigh/Northampton counties which are supported by Magellan, Bucks County Department of Behavioral Health, Behavioral Health of Cambria County, Delaware County Office of Behavioral Health, Lehigh County HealthChoices, Montgomery County Office of Managed Care Solutions, and Northampton County HealthChoices.

The 2019 MY Fest sponsors include: Child & Family Focus, Delaware County System of Care, Belmont Behavioral Hospital, Access Services, The Horsham Clinic, Nulton Diagnostic & Treatment Center, Brooke Glen Behavioral Hospital, Merakey, Milestone Behavioral Health, Harwood House, Salisbury Behavioral Health, Devereux PA CIDDs Kanner, and Warwick Family Services.